



Top Tips for Going to the Cinema with Your Little One

Going to the cinema with your child can be a fun and memorable experience, but it also comes with its own set of challenges. We asked some grown-ups for their best advice on how to make movie outings with young children smoother and more enjoyable. Here's what they had to say:

"Snacks! The trick to sitting still in the cinema."

"Don't stress! If they get up, and start pacing back and forth, that's fine. You can't fault young children for not wanting to sit still during a whole film."

> "If they're distressed, don't push it too much. Take a breather outside and see if they want to go back in. If they don't, it's no big thing."

"LOTS of snacks and a long walk beforehand to burn off their last remaining energy."



In cinemas from 27 September Book tickets at Bingatthecinema.com Join the conversation with other parents in the Bing Bunny Grown-Ups Facebook group!

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