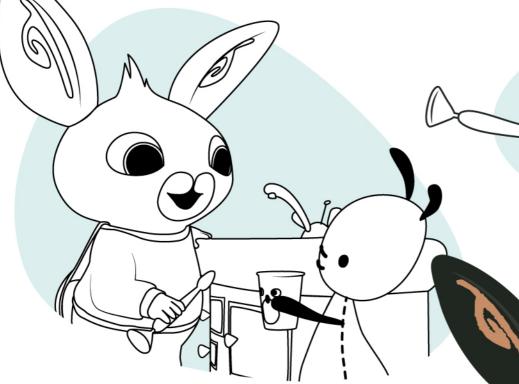


Brushing teeth takes at least two minutes or 120 seconds!

You should use a pea-sized amount of toothpaste. Not too much, just a little bit will do!



We need to clean every part of our teeth:

Have you cleaned the top teeth?

Have you cleaned the bottom teeth?

Have you cleaned the insides?

Have you cleaned the outsides?

Remember to rinse!

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